

New articles and tools related to the 2008 US PHS Guideline, Treating Tobacco Use and Dependence

Since the guideline's release, several new tools have been developed and are now available online. And, some additional Guideline-related information is now available online. As with all guideline materials and information, they are in the public domain and can be used without obtaining permission from the US PHS. These new materials and tools include:

- 1) A 20-page "quick reference guide" for clinicians that summarizes key guideline findings in a short, easy-to-use guide.
- 2) A PowerPoint presentation containing every data table and recommendation in the 2008 guideline to aid policymakers, researchers and others who may need this information for presentations.
- 3) A 30-40 minute PowerPoint presentation that summarizes key findings in the 2008 guideline for people who wish to give a presentation on the Guideline.
- 4) A tool for health systems that are interested in incorporating the Guideline recommendations into clinical practice, summarizing key strategies and opportunities.
- 5) An updated poster for clinician offices.
- 6) A new Guideline addition and corrections section. This new section now provides clinicians with a link to the recent update by the FDA on the use of bupropion and varenicline, and a correction to Table 6.22 from page 102.

These new tools and other materials, including the full Guideline and references, are available online at: <http://www.ahrq.gov/path/tobacco.htm#Clinic> and <http://www.surgeongeneral.gov/tobacco/>. While all of the materials are on the AHRQ website, some of these materials are still being added to the Surgeon General's website.

Additionally, a free, one-hour CME program sponsored by the University of Wisconsin School of Medicine and Public Health on treating tobacco dependence has been updated based on the 2008 Guideline. The program is currently accredited for physicians (up to Category 1 CME credit), nurses (one ANCC contact hour), and pharmacists (one ACPE contact hour). The CME program is available on Medscape at <http://cme.medscape.com/viewarticle/583425>.

Finally, the Guideline panel wants to alert you to two recent publications referencing the Guideline recommendations. First, the U.S. Preventive Services Task Force recently reaffirmed its recommendation that using evidence-based cessation interventions in adults and pregnant women can lead many to quit using tobacco products and improve their health. The Task Force's recommendations were published in the April 21, 2009 issue of the *Annals of Internal Medicine* and are available on the AHRQ Web site at www.preventiveservices.ahrq.gov. Second, Dr. John Hughes has recently published an article in *Addiction* that describes the high rate of concordance between two independent entities that have examined the smoking cessation literature: the 2008 PHS Guideline and relevant Cochrane Collaboration analyses (Hughes JR. How confident should we be that smoking cessation treatments work? *Addiction* 2009; published online August 4, 2009 (<http://www3.interscience.wiley.com/cgi-bin/fulltext/122538766/HTMLSTART>)).